



...together making a difference in Africa...

Summer 2010 Mission Trip

Our Goal: Equipping for fruitful ministry; building a community passionate for God's glory among the nations.

Training Manual

<p>Empty hands held high Such small sacrifice If not joined with my life I sing in vain tonight</p> <p>May the words I say And the things I do Make my lifesong sing Bring a smile to You</p>	<p>Lord I give my life A living sacrifice To reach a world in need To be Your hands and feet.</p> <p><i>Let my lifesong sing to You Let my lifesong sing to You I want to sing Your name to the end of this day Knowing that my heart was true Let my lifesong sing to You</i></p>
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- Lifesong by Mark Hall, CASTING CROWNS

The easiest part of this training is showing up. The hardest is to stay focused on the Lord, with an open heart and a thirsty soul – willing to learn of Him without any interruptions. So hit the PAUSE button on your racing, busy mind. Stay shut in with the Lord, everything else can wait. Ask Him to extend your attention span! Turn off your cell phone, (until the break periods!).

010 Testimony time! – *Why do you want to go on this trip?*

- ❖ Clarify your goals and expectations before you catch your flight! (**Time Capsule**)
 - What difference will this trip make in your life?
 - What difference will you make in your Church when you return?
- ❖ Make a list of every possible question you want an answer to!
- ❖ Begin **journaling**, right away!

011 Why are we doing this?

- ❖ A growing love relationship with Jesus Christ...
- ❖ Making disciples of the nations...
- ❖ Demonstrating the love of Jesus to the **least of these**...

012 Why Go on a Mission Trip?

- ❖ To fulfill the Great Commission, winning the lost to Christ
- ❖ To invest in the lives of the poor and those in need
- ❖ To use the gifts God has given you for His purposes
- ❖ To deepen your walk with Jesus and experience the Body of Christ
- ❖ To build life-long relationships with your team members and your hosts
- ❖ To be equipped to make a difference in the lives of people upon return

013 Heart Preparation: *personal, ongoing, lifestyle change...*

- ❖ Worship
- ❖ Devotional
- ❖ Prayers: Intercession, Warfare
- ❖ A Commitment to the **Vision**...
- ❖ A willingness to **serve** both there and here at home!

014 Priority Considerations

- ❖ Have you turned in your application form, money, passport photos?
- ❖ Is your passport current?
- ❖ Heart Attitudes – Compassion, Servant hood, Team spirit
- ❖ Heart Altitude – Are you committed to soul winning?
- ❖ Team Composition: Togo, Uganda, Sudan & Kanuri
- ❖ Funding: Don't just write the check, building lasting relationships!
- ❖ Form Your own Prayer Support Team – Give us their names & email address

015 Travel Preparations

- ❖ Itinerary: Do you have any preferences?
- ❖ Passports & Visas
- ❖ Deadlines for Purchase of Tickets
- ❖ Personal travel preparations
- ❖ Insurance & Immunizations
- ❖ Are you physically fit to travel?
- ❖ Are you aware of DVT?

016 Ministry Responsibilities

- ❖ Ministry assignments will accommodate your Interests and Experiences “**amap**”!
- ❖ Treasurer – will keep the money, make payments & keep accurate records
- ❖ Reporter – will prepare a report to document the trip, begin with the end in sight!
- ❖ Video Recording: What you see is what you get!
- ❖ Program Directors – for each team: Togo, Nigeria [Kanuri], Sudan and Uganda
- ❖ Education Coordinator – Uganda [Kampala & Gulu]
- ❖ Feeding Coordinator – Uganda [Gulu]

017 Attitudes (Can make a difference between **ENDURING** and **ENJOYING** the Trip!)

- Independence and fearlessness (in the “land of the free and the home of the brave”) are great qualities, but wisdom, caution and following instructions (*whether you understand the reasons for them or for that matter agree with them or not*) may save your neck!!
- Forget “American Logic”, in many Third World countries, it doesn’t work! So be prepared to learn. Remembering that TIME doesn’t always carry the same importance in every culture will save wear and tear on your nerves!
- Spiritual Warfare is the name of the game on the mission field. Come prayed up and be prepared to grow...
- Come with a servant’s heart. A person with a true “ministry of helps” tries to discover what is truly needed before diving in with his own preconceived notions.
- Humility is one virtue you can’t leave behind. An arrogant, inflated self-importance, me-centered attitude can hurt you, your team members and those you’re called to minister to. So leave your sense of self-importance behind! Ask God to break you down and mould you up into His specimen.

018 Commit Yourself to Preparation¹

- Whatever your reasons for going on this short term mission trip – one reason supersedes the others – this is spiritual work which requires *flexibility, openness* and a *spirit of servant hood*.
- Preparation will not only ensure that you are as asset to the mission team, but it will make your trip more enjoyable and relaxing....
- “Volunteers may supply **funds** to finish projects that would take the missionaries 10 years to complete or create problems that will take 10 years for missionaries to **resolve!**”
- Benefits of proper personal preparation include:
 - √ Victory over your fears and apprehensions
 - √ Helps avoid unnecessary “suffering for the Lord”

¹ Martha VanCise’s Successful Mission Teams – A Guide for Volunteers.

- √ Allow you to concentrate on ministry instead of focusing on just surviving the trip!
- √ Helps unify the team and increases its efficiency
- √ Reduces the burden on our partners on the ground.

019 Spiritual Preparation – Don't leave home without it!

- No one can fake spiritual life and Christ-likeness when under pressure (from limited rest, loss of privacy, strange food, poor bathroom facilities, heat, rain, insects, crowded vehicles, dust, irritation from team members you're not familiar with....)
- Start a spiritual fitness program today! *Obedience training... heart conditioning...Attitudes modification...plus extra doses of high potency Vitamin P!*
- Read good books on servant hood, discipleship, missionary biographies etc.
- Get a prayer partner and recruit others to pray for you.
- Equip yourself for specific ministry opportunities that may arise.

020 Honorary Missionary or Advocate?

- In global missions, the term "missionary" is an earned title that represents work, commitment and sacrifice – it is not an honorary degree handed out casually....
- Short-term mission team members can, however, be a vital link between the missionary on the field and the team member's local body of believers. Upon return from the field you can dramatically impact the missionary's effectiveness. Don't take your responsibility lightly.

021 Marching Orders! ... Jesus sends us into the world to have impact!

No other person has ever touched the world in quite the way Jesus did. And no other book of the New Testament records Jesus' teaching in quite the way Matthew does. Built around five major addresses that Jesus gave to His followers, Matthew records the essence of Christ's message, the core commands that He not only wanted His people to live by but to spread to "all the nations... teaching them to observe all things that I have commanded you" [Matt. 28:19-20]

Thus Matthew contains marching orders for Christ's followers today. He sends us into the world to have impact – not the impact of coercion or force, but the irresistible influence of lives that reflect His ways, His love, and His values.

How appropriate, then, that Matthew leads off the New Testament. All of the books that follow are God's Word, but Matthew sets the pace. It highlights the agenda of our Lord: "all things that I have commanded you".

[Source: Word in Life Bible]

022 Cross-Cultural Training... The Mission Trip to Sychar!

What Gives You Joy? How Flexible Are You?

John 4

He left Judea and departed again to Galilee...

He needed to go through Samaria. So He came to a city of Samaria called Sychar, near the plot of ground that Jacob gave to his son Joseph. Now Jacob's well was there. Jesus therefore, being wearied from His journey, sat thus by the well. It was about the sixth hour. A woman of Samaria came to draw water. Jesus said to her "Give Me a drink." Then the woman said to Him, "Ho is it that You, being a Jew, ask a drink from me, a Samaritan woman?".... And the woman said to Him "I know that Messiah is coming" (who is called the Christ). "When He comes, He will tell us all things."

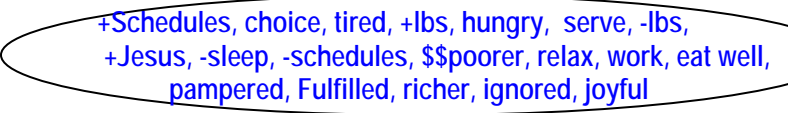
Jesus said to her, "I who speak to you am He" And at this point His disciples came, and they marveled that He talked with a woman, yet no one said "What do You seek?" or, "Why are You talking with her?" The woman then left her water pot, went her way into the city, and said to the men "Come, see a Man ho told me all things that I ever did. Could this be the Christ?" Then they went out of the city and came to Him. In the meantime, His disciples urged Him, saying "Rabbi, eat" But He said to them, "I have food to eat of which you do not know." Therefore the disciples said to one another, "Has anyone brought Him anything to eat?"

Jesus said to them "My food is to do the will of Him who sent Me, and to finish His work. Do you not say, 'There are still four months and then comes the harvest? Behold, I say to you, lift up your eyes and look at the fields, for they are already white for harvest!'"

Discussion Session:

1. What were the objectives and features of the mission trip to Sychar?
2. What are the Cultural implications of the trip?
3. Considering verses 32 & 34, what gave Jesus joy? What Gives You Joy?
4. How did Jesus describe the urgency of the harvest?
5. How did Jesus react to His late lunch and the 2 days delayed arrival to Galilee? How would you?

023 Teamwork is Hard Work!

- Mission trips are no vacations – can you spot the difference?

- Understanding the difference is crucial to understanding the importance of teamwork.
- Benefits of a vacation fade away quickly but a mission trip will make you spiritually wealthier with time. It will impact your life FOREVER!!!!
- No **individuals** allowed on the trip!
- Throw away your "remote control" mentality!
- Look for opportunities to help, don't wait for **instructions!**

024 What really Matters!

A Missionary Letter (Philippians 4:10 – 23)

The Philippian church was established during Paul's second missions trip, which took him to Europe for the first time (Acts 16:12-40). From its inception, the church demonstrated a strong missions involvement and was consistent in supporting Paul's ministry to the Gentiles. (Phil. 4:15,16). As a result, Paul had a closer friendship with the believers in Philippi. This is evident from the tenderness, warmth and affection in this epistle and its personal, joyous and spontaneous style.

In the midst of freedom, affluence and opportunity, it's easy to lose perspective, to pay more attention to peripheral things that while attractive, really have little value. We must focus on the substantial things that have great value. One lesson that comes out of Paul's letter to the Philippians is that the ultimate value is CHRIST - and His purpose for our lives. Whatever our personal circumstances, we need to center our lives on Christ and hold on to what is His priority. Christ alone must be our ultimate source of contentment, joy and pursuit. Our drive should be to realize His purpose for our lives.

Discussion Session:

1. Most Christians are strongly in favor of sending missionaries out to unreached people groups. Yet many missionaries have difficulty raising their support. Why is this so?
2. Paul thanks the Philippians, not for the money they sent, but for the concern they have shown (v.10). Why would this have been more important to Paul?
3. Many people believe they can only be content once they have reached a certain level of economic prosperity. How does their view differ from Paul's secret of contentment (v11 - 13)?
4. To what extent have you learnt this secret?
5. In what ways did the Philippians support Paul's missionary ministry (14 - 18)?
6. What opportunities do you have to meet the needs of missionaries today? How have you responded?
7. What benefits does Paul expect the Philippians to receive from their giving (17 - 19)?
8. How does the promise of verse 19 encourage you to support Adonai Mission Trips?
9. Many people complain that missionaries are always asking for money. How does this passage provide a model for both missionaries and those who support them?
10. How will this study affect your response to the Adonai Summer Missions trip?

Missions Giving is of greater benefit to the giver than the receiver. Prove it!!

025 Body Life - Ephesians 4:1-16

A DIFFERENT LOOK AT MINISTRY...²

A simple way to define “ministry” is that it is the work of God for the people of God (Eph. 4:12). It is the work of serving others, using the gifts, resources, and power that God gives us. This is important for the church today to understand, because many Christians assume that “ministry” belongs only to professional ministers, or clergy. But ministry belongs to everyone in the Body of Christ. All believers are “ministers.” All have been gifted to carry out the work of God (Rom. 12:4–8; 1 Cor. 12).

What, then, is the role of the clergy? To equip, or prepare, the “ministers” to do their work of ministry, (Eph. 4:11–12) This involves teaching the truth of God’s word, helping believers overcome the problems that hinder them, giving them a vision for reaching out to others with the love of Christ, and helping them develop and utilize the practical skills required to carry out their God-given tasks.

Ministry is the calling, privilege, and responsibility of every member of the Body of Christ. Some congregations help to remind their people of this truth by listing professional workers under the title of “staff” or “pastors” in their bulletins and newsletters, and reserving the term “ministers” for all members.

It has been said that when believers are baptized, they are ordained into the ministry. Perhaps it would help to recover this perspective. It might free pastors and other church leaders to focus on their crucial role of equipping the saints for the work of ministry. It might also help to redistribute the load, which is often crushing for clergy and their families. Broadly shared ministry would mobilize and affirm the whole church and enrich every part of the world where the “ministers” live and work.

Discussion Session:

1. What is the “calling” referred to in Eph. 4:1?
2. “Bearing with one another in love...” why is this crucial for a mission trip?
3. “Keep the unity of the Spirit...” (Eph. 4:2) is this a command or a goal to aim for?
4. According to Eph. 4:4-6, what seven things do we all have in common?
5. According to Eph. 4:7, 9-13, in what ways are we different?
6. What would be the result if the Body functions the way it was designed, working “...together by what every joint supply... effectively working by which every part does its share...”
7. With this understanding of “Body Life” what would you do differently on this trip?

² *Word in Life Study Bible* (Nashville: Thomas Nelson) 1997, c1996.

026 Basic Definitions³

Advocate: *People group advocates, also known as people specific advocates (PSAs) are individuals who have committed themselves to one specific people group (ethnic group)... to learn about them, their environment, culture, demographics, status. They pray about how churches can be established among them. They may network and partner with others to encourage their involvement.*

Church planting: *Missionary role of evangelism, discipleship and training of leaders for the establishment of a body of believers, or a church. Does not refer to a physical building.*

Closed Country: *Countries that limit or prevent Christian ministry by expatriates as missionaries. Alternatively they are called creative-access countries, restricted access country, closing country, restrictive country, sensitive country.*

Mission: *The loving work of God to bring humankind to himself as the Church. Secondarily, the overall ministry of the Church for world evangelization.*

Missionary: *One who is sent with a message. The Christian missionary is one commissioned by a local church to evangelize, plant churches and disciple people away from his home area, often among people of a different race, culture or language.*

Missionary Sending Agency: *Agency that facilitates the sending, placement and supervision of missionaries.*

Missions: *Any activity in which Christians are involved for world evangelization.*

People: *In the context of this program, the word "people" refers to ethno linguistic peoples (See also Joshua Project 2000 Unreached Peoples List, ethno linguistic and people group.).*

People Group: *A significantly large sociological grouping of individuals who perceive themselves to have a common affinity with one another. From the viewpoint of evangelization, this is the largest possible group within which the gospel can be spread without encountering barriers of understanding or acceptance. There are basically three types:*

- 1) *Ethno linguistic people group, which defines a person's identity and primary loyalty according to language and/or ethnicity (see Joshua Project 2000 Unreached Peoples List). AD2000 & Beyond has reserved the word "people" rather than "people group" for this type. Cross-cultural church-planting teams of missionaries are needed for peoples in this category. Of the estimated 12,000 ethno linguistic peoples, probably over 9,000 already have at least one or two viable indigenous churches within their culture.*
- 2) *Sociological people group, which is defined by its long-term relation to the rest of society (such as by migration or traditional occupation or class) but not having a self-contained culture or identity as an ethnic group. In most cases local church outreach is required -- either to plant daughter churches or to incorporate converts into multi-social congregations. There are probably hundreds of thousands of such people groups;*
- 3) *Incidental people groups, which are casual associations of individuals, which may be temporary, and usually the result of circumstances rather than personal choice. Examples of such groups are high-rise flat dwellers, drug addicts, occupational groupings, commuters, etc. These groupings present unique problems and opportunities for evangelism, but only rarely will it be appropriate for specific churches to be planted for the sole benefit of such groups.*

³ Source: <http://www.ad2000.org/adoption/agpvoc.htm>

Prayerwalking: Praying "on-site with insight"-- taking prayers outside the church walls as we walk through an area. Praying in the very places we expect to see God bring forth His answers. Usually this is low profile and unobtrusive in appearance.

Prayer journey: A trip to pray on location for the lost. Team members may spend extended time prayerwalking, asking God to bring the Gospel to that unreached people group. Does not entail evangelism or mercy ministries.

Unreached People, Unreached People Group (UPG): A people or people group among whom there is no viable indigenous community of believing Christians with adequate numbers and resources to evangelize their own people without outside (cross-cultural) assistance. Other researchers have adopted the terms "hidden people" or "frontier people group."

027 Close-Up on Mark – Demonstrating His Power & Love

In Mark's Gospel, Jesus reveals Himself by what He does: the Son of God who came to SERVE and to give His life away, a ransom for ALL! (Mark 10:45). Enters John the Pentecostal Preacher, Skin, Locust & Honey! What do these have in common?

What difference can one voice make? At **Adonai Partners, Inc.** we're called to be a "Voice" for the Unreached Peoples in Africa, preparing a highway for our God!

Essentials for a Mission Trip!

What was odd about John the Baptist?

- Given to Humility – Mark 1:6
- Unconventional eDiet?
- His fearless message of REPENTANCE.And guess who was listening?

Caution – Occupational Hazard!

- Where was God when John's head was rolling on a platter?
- Herod, the really odd King, what's wrong with him: He feared John, knowing he was a just man, to protect him from ... puts him in prison. He was exceedingly sorry when the request for John's head came, yet he orders his execution! That's one character no one wants on a mission team!
- Was that the end of John's ministry as a Pentecostal Preacher? No the beginning! Matt. 3:11

Part A

The 1 - 2 Thirty Days Challenge

- Don't Talk to Strangers!
- When the Son of Man comes in His glory... Matt. 25:31 - 40
- You did it to one of the least of these My brethren

<i>Opportunities to demonstrate and communicate the love of Jesus to a needy and a hurting world</i>		
Hungry	Thirsty	Stranger
Naked	Sick	In Prison

When our Master comes in His glory, he will call the nations to account. The question will be whether or not we fed the hungry, gave drink to the thirsty, befriended the stranger, clothed the naked, cared for the sick, and visited those in prison. Who ever said that life was a series of meaningless choices? The evidence Jesus will look for at His return is the same evidence He wants to see in believers today. To love Jesus is to love all who need our care. And what's more, the most effective way to communicate His love and the gospel is to identify people's needs and meet that need. Go impact your world! We can help change a person's life for eternity by introducing him or her to the Savior.

"Wherever a human being exists; there is an opportunity to do a kindness" - Seneca

Part B

... Our Ultimate Goal is to bring people into a living relationship with Jesus

The Makerere University Project!

- ✓ Investing in the future of the top 2% of Uganda's population
- ✓ How to present the gospel to a young intelligent adult?
- ✓ Key Elements of the authentic gospel message
- ✓ How do you reach closure and lead a soul to Christ?

029 **Some More Practical Considerations**

- Food: Be aware of cultural conflicts. Do you eat for pleasure or for sustenance?
- Travel comfortably
- What you wear does make a difference!
- Avoid extremes – affluent American tourist or sloppy “old-fashion” brother/sister!

“DRESS CODE”

- ❖ Dress modestly and avoid drawing attention to yourself – *Stay behind the Cross!*
- ❖ Avoid flashy jewelry – even if inexpensive, aim to look good not necessarily great!!
- ❖ Wear clean comfortable clothes – “if you can’t sit on the floor and get it dirty, leave it at home”
- ❖ Avoid expensive name brand clothing, shoes and purses – You may lose them! Ask Sister...
- ❖ Don’t take along anything you can’t afford to lose, period!

030 **Have You Prepared a Packing List?**

Basic wardrobe, comfortable walking & dress shoes, towels, washcloths, basic toiletries & make down! Insect repellent, handkerchiefs, prescription medicines, OTC remedies, anti-malaria, anti-diarrheals, laxative, resealable plastic bags, flashlight, wet wipes...

And Don’t Forget....

- ❖ To turn in your Application Form and money
- ❖ Valid passport
- ❖ Visa, (and transit visas)
- ❖ Immunization
- ❖ Personal Insurance
- ❖ A good book to read on the long airport security lines!
- ❖ A servant’s heart
- ❖ A Praying Knee!

Living the Experience – Debriefing & Reunion Meeting (August 22, 2009)

031 **Key Contacts List - Uganda**

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QUESTIONS! QUESTIONS!! QUESTIONS!!!



*What to Ask Before
Jumping Out of a
Plane at 13,000 Feet!*

Read thru the Book of Matthew before June 30, 2009

+Updated: 9-May-2010